CO2 Micro Fractional Laser Aftercare

1) You will experience a burning sensation on the skin that will last between 30 minutes and up to 3-4 hours following your treatment on the first day.

2) If you have discomfort following the treatment, take Tylenol or speak with your doctor about a prescribed pain-killer such as Vicodin. Take with food.

3) You may want to take a few days off of work. Treatment to the facial area will result in an appearance similar to a darker tan/sunburn for the first day. A fine scab will be formed by the skin do not be concerned, this promotes the healing process.

4) After 1-2 days the eschar/necrotic skin will disappear and the skin will have a tanned look. At this point, makeup may be applied. Redness may persist for up to 3 days. On the 4th day or so your face will get darker and then near the 5th-6th day peeling will occur. More intense treatments can take up to 7 days for recovery.

5) Wash using a mild soap like Purpose, Neutrogena or a soap-free cleanser like Cetaphil.

6) Wash the treated areas everyday and apply Aquaphor Ointment to the treated sites and lips 4 times a day, or more frequently if tightness is noticed. Avoid Hot water.

7) Eye Area: Treatment to the upper Eye lids may results in swelling and create a slight squint. Redness may persist up to 3 days. Cleanse your eyes with cool water and dab or pat very lightly with a soft towel. Avoid Hot water. Lubricating the eye with drops(i.e. artificial tears) will help to decrease the dryness of your eyes.

8) If the skin around the mouth is tight, Minimize Facial Expressions, remember to lubricate with Aquaphor Ointment, as needed and use a straw to drink.

9) Rest. Avoid strenuous exercise, bending, straining, stooping or lifting heavy objects for 1 week after procedure. These activities may cause more swelling and pain on your face and slow down your recovery.

See other side
CO2 Micro Fractional Laser Aftercare

After care information continued…

10) Sleep in a slightly elevated position. Using 2-3 pillows under your head & neck or sleep a few nights in a reclining chair.

11) Avoid sun exposure for at least six months. A sunscreen SPF 15 or higher should be applied every day. Use a hat and sunglasses. Your skin is extremely vulnerable to the sun after having a laser treatment. Protecting your skin and limiting sun exposure ensures the best cosmetic results.

12) Please schedule a follow-up appointment for 2-3 days after the procedure with your doctor or the esthetician. You may not need to come in but at least it will be set if you should want to be seen.

   Please call the office immediately for problems of increased pain, fever, drainage of pus, signs of infection or bleeding.