



JAY APPLEBAUM, M.D., INC. • WIEKE H. LIEM, M.D., INC. • KAROL DANGARAN, M.D., INC.

MARY S. JUNG, M.D., INC. • SARAH E. STANOWICZ, M.D.

## **Fotofacial RF Laser Patient Information**

### **What are the benefits of a Fotofacial RF?**

- There is no downtime with a Fotofacial RF.
- Fotofacial RF is effective on any area of the body where smoother, younger-looking skin is desired.
- With a Fotofacial RF the results are progressive.
- Fotofacial RF provides lasting results.

### **What conditions can be treated with Fotofacial RF?**

Fine lines, rosacea, flushing, pore size, ruddy complexion, broken capillaries, spider veins, hyperpigmentation, melasma, freckles, age and sun spots, a pregnancy mask, as well as non-pitted acne scars can all be diminished in a softer, more gentle way with a Fotofacial RF. All patients see positive results from a Fotofacial RF without any of the potential side effects seen with other laser systems.

### **How is the Fotofacial RF different from other laser procedures?**

Unlike other lasers, with a Fotofacial RF, the visible light energy is absorbed by the pigment in the skin's surface, while the RF energy stimulates the production of collagen (which supports the skin) from within. A Fotofacial RF can be used to rejuvenate the skin of the face, chest, neck and arms.

### **What are the treatments like?**

First, we cleanse the area to be treated. Then a thin layer of cooling gel is applied to the treatment area. Fotofacial RF treatments are accomplished through a delicate hand piece attached to the laser system. When placed against the skin you will feel the cool tip. When the pulse of the light and low energy radio frequency is administered there is a momentary warm, pin prick sensation that is easily tolerated. Some patients may choose to apply a topical anesthetic called BLT which can be purchased at Orange Cosmetic and Laser Center prior to the procedure. The topical anesthetic must be applied at least 30 minutes before the procedure and can be reapplied every 15 minutes. Treatments take between 20-30 minutes depending on the size of the area being treated.

### **How many treatments will I need?**

Fotofacial RF results are progressive and with each treatment you will be more pleased; therefore the most favorable results are generally achieved with 2 to 4 treatments. Fotofacial RF treatments are administered every three to four weeks. The number of rejuvenation treatments depends on the area treated, your expectations and your goals.



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### **Fotofacial RF Patient Aftercare**

1. Apply cool compresses as needed to relieve any discomfort (this may also help reduce any potential swelling).
2. Wash with a gentle cleanser. DO NOT scrub the treated areas with a rough wash cloth or sponge.
3. Use lukewarm, not hot, water.
4. Apply a moisturizer or aloe-based cream.
5. Use SPF 45 or higher.
6. Avoid direct sun-bathing and wear a hat.
7. Should any questions or concerns arise, please contact your doctor.

For the first 24 hours following treatment, patients should avoid washing their facial or body skin with hot water. Cleansing the skin gently with lukewarm water is best. Patients should hydrate the skin with a suitable moisturizer the night of treatment. In the absence of complication, patients can generally apply make-up and return to their daily activities. In the weeks following treatment, sunscreens with at least SPF 30 should be worn daily. Unprotected sun exposure should be avoided. Follow up treatments may be performed every 8 weeks.

