

# ORANGE

Cosmetic & Laser Center

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## Nd:YAG Laser After Care

1. Immediately following the procedure you will have a white, frost-like appearance at the treatment site.
2. Some bleeding will likely occur at the site.
3. Within the first 12-24 hours a freckle-like scab will form.
4. Apply cool compresses to the treated area. This will help reduce any post operative pain or swelling.
5. Soothing ointment will be applied to your skin immediately after the procedure. Once home, apply an antibiotic ointment such as Bacitracin or Polysporin or an emollient such as Aquaphor or Vaseline to keep the area moist.
6. Tylenol works well for pain relief. Avoid Aspirin as it may break down any clots that are necessary to ensure a good result.
7. Gentle, non abrasive skin cleansing is recommended. DO NOT scrape the recently treated areas with items such as a rough wash cloth or sponge.
8. Should any blisters occur:
  - a. It is allowable to pop them with a sterile pin or needle.
  - b. DO NOT remove the blister roof, it will speed the healing of the skin.
  - c. DO NOT pick at the scabs or try to speed the healing process by prematurely removing the skin. This could result in scarring and pigment changes to the skin.
9. Sunscreens with a SPF of at least 30 should be worn daily. Any unprotected sun exposure should be avoided for at least 3-6 months following treatment.
10. Re-treatment can be done in 6-8 week intervals.
11. Should there be any questions or concerns after the treatment please call your doctor at 714-538-8556.